

# HAMPTON VA

## NEWS RELEASE

For immediate release

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## Health Department opens new WIC clinic

The Hampton Health Department recently opened its second WIC clinic at 1206 N. King St., making it more convenient for families in the eastern part of the city, including Langley Air Force Base, to receive nutrition services.

The clinic was specifically built to provide services under the Women, Infants, and Children program, a federal Department of Agriculture service that provides food and nutrition counseling to pregnant women and their children up to age 5. A family of 4 can earn up to \$43,500 and still receive benefits.

Unlike food stamps, foods are “prescribed” based on a nutritionist’s recommendations. This means the family gets healthy foods such as milk, cheese, beans, and juice.

Clients are also counseled on healthy eating, and their children’s growth is monitored.

The King Street clinic has 4 trained staff members: Austin Voltin, Antoinette Chambers, Yashica Ballard and Clarissa Wright. Hours are Monday and Wednesday, 8 a.m. to 4:30 p.m.; Tuesday, 8 a.m. to 7 p.m.; Thursday, 7:30 a.m. to 4:30 p.m.; and Friday, 8 a.m. to 1 p.m.

The Health Department has operated a WIC clinic for decades at 1320 LaSalle Ave. It serves almost 900 Hampton families.

Hampton Mayor Molly Joseph Ward cut the ribbon to officially open the clinic on May 8. She was assisted by Denise Williams, WIC supervisor; Martin Wheeler, the department’s business manager; Deborah Moore, RN, senior nurse manager; and Dr. Bill Berg, health department director. They were joined by representatives from the Virginia Department of Health’s Central Office in Richmond. Todd Osbourne is the WIC Operations Manager and Melanie Barthlowe is the WIC Outreach Coordinator.

In the photo are (left to right): Martin Wheeler, Business Manager; Dr. Bill Berg, Health Department Director; Mayor Molly Joseph Ward; Denise Williams, WIC Supervisor.

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